

Race Information & Course Maps: are posted and will be periodically updated at <https://www.racetimingunlimited.org>

Entry Fees: Cost is \$45 through July 9th, \$55 through August 12th, and \$65 through August 13th and thereafter. Please do not mail race registrations after August 12, 2019. Discount pricing for current FARC members is \$45 thru August 12th; no discount for race day registrations. Online registration closes on August 16th, 2019 or when field is full. Subtract \$5 for No T-shirt option through August 12th.

Premiums: Fee includes a performance shirt and finishers commemorative award. Shirts may not be available nor sizes guaranteed for runners registering after August 12, 2019.

Awards: Overall Top 3 Male and Female finishers will receive cash awards of \$150, \$100 and \$75. Overall Top Masters Male and Female finishers will receive cash awards of \$ 100. Awards to Top 3 Male and Female finishers for Age brackets: 19 & under, 20-29, 30-39, 40-49, 50-59, and 60 & Over. Awards to Top Athena Woman (160 lbs +) and Clydesdale Man (200 lbs+)

Packet Pick-up & Late Registration: Race numbers and T-shirts may be picked up at VA Runner in Fredericksburg, VA on Saturday, August 17th (11 a.m. to 4 p.m.) and race day Sunday, August 18th (starting at 6:30 a.m.) at Culpeper County Sports Complex. Packets will not be mailed.

Chip Timing: Runners will be using disposable Chronotrack bib tags. Bibs are to be worn on your front. No Bib, No Time.

Important Information: To ensure runner safety, unregistered runners, bicycles, and running with dogs are prohibited on the course. No competitive stroller pushing allowed. Course is not closed to traffic, headphones are discouraged.

Directions to race start:
Culpeper Sports Complex
16358 Competition Drive Culpeper, VA 22701

From Northern VA/ DC
I-66 W to exit 43A (Gainesville/Warrenton) to US-29S
Continue on US-15 S/US-29 S to U.S. 17 S/ Culpeper
Take the Braggs Corner Rd exit
Left onto State Rte 666/ Greens Corner Rd/ Braggs Corner Rd
Left onto Cyclone Way
Right into Competition Drive/ Culpeper Sports Complex
From Fredericksburg
West on VA-3 W/Plank Rd
Right onto VA-663/ Stevensburg Road
Left onto State Rte 666/ Greens Corner Rd/ Braggs Corner Rd
Right onto Cyclone Way
Right into Competition Drive/ Culpeper Sports Complex

Race Benefits: All proceeds over operating costs will be donated to WIFLE Scholarship fund.

FACEBOOK PAGE: www.facebook.com/Devil'sDen10Miler

Register Online at: <https://www.racetimingunlimited.org/R/HW/Info.aspx>



Devil's Den 10 Miler



Date of Birth (mm/dd/yyyy)

Age

M/F

Last Name:

First Name:

Street Address:

City:

State

Zip code

Email Address:

Fees: 10 miler

\$45- through July 9, 2019	Special category (optional)
\$55- through August 12, 2019	Athena Women (160 lbs +)
\$65- August 13 and later	Clydesdale Men (200 lbs+)
\$45- FARC member (good through August 12 th)	
-\$5 for no shirt option (good through August 12 th)	

Performance Shirt Size (circle one) - **Female** S M L XL **Male** S M L XL

Event Waiver: By signing this form I release Fredericksburg Area Running Club (FARC), staff and sponsors from claims or liabilities arising out of my participation in this event including pre- and post-race activities. I give permission for free use of my name, voice and photo in any broadcast, advertisement or promotion of FARC and/or Race Timing Unlimited. There are no refunds or transfers of entries allowed for any reasons including acts of nature such as severe weather or any circumstance not under our control which we feel may cause participants to be in danger.

Signature or Parent Signature if under 18

Date

Mail To: FARC 10 Miler
PO Box 3653, Fredericksburg, VA 22402

Make Checks Payable to: FARC

The Devil's Den 10 Miler is the 7th race in the Coldwell Banker Elite Grand Prix Series and one of the best 10 mile courses in Virginia. Starting and finishing in front of the Culpeper Sports Complex, the course is mostly flat with some rolling hills. The course is a loop with scenic views of the beautiful Culpeper countryside and Blue Ridge Mountains. Plenty of close parking and electronic timing with results posted at the finish and online. The Devil's Den is the perfect race to set your new 10 mile PR or a great training run for those fall marathons.

Women In Federal Law Enforcement is the only non-profit organization in the United States dedicated to addressing reasons why women remain underrepresented in Federal law enforcement. From our Annual Leadership Training to our Award and Scholarship Programs, we celebrate and encourage women to enter into the criminal justice fields and encourage Federal Agencies to seek qualified women for law enforcement jobs.

WIFLE provides opportunities for its members to mentor other women, to grow in the **federal law enforcement** career fields, to participate in seminars, webinars, and to volunteer with other WIFLE members in activities throughout a year. We're extremely proud of the work we do and we encourage you to join WIFLE.

Research findings show that women are good communicators, can collaborate well with others, and are better able to diffuse potentially violent situations. Come join with us and become a part of the future of federal law enforcement.



WIFLE®

Recruit Retain Promote

Provide Leadership Training
Mentoring Opportunities

Join and like us on
Facebook.
Search Devil's Den 10
Miler

Devil's Den 10 Miler



RACE TO BENEFIT WOMEN IN FEDERAL LAW ENFORCEMENT SCHOLARSHIP FUND

August 18, 2019 7:15 a.m.

Start/ Finish @ Culpeper County Sports Complex Culpeper, Virginia

Brave the heat and run like the devil!

\$1000 in CASH AWARDS!

7th race in the Coldwell Banker Elite Grand Prix Series

USATF Certified Course VA 17025RT