

Race the Rail 41st Ashland Railroad Run

Ashland, Virginia

BE GREEN – Register online at:
www.hanoverarts.org



**Race Date: Saturday,
April 27, 2019**

US Track and Field Certified 10K Course
VA-10018-RT
The 5K & 10K will use Bib Tag
Timing by Race Timing Unlimited

10K Race Registration Fees: 9:00 a.m. Start Time	\$30/ per person for registrations through April 25, 2019 \$40/per person after April 26, 2019 *There is an additional small fee to register online
5K Race / Fun Walk Registration Fees: 8:00 a.m. Start Time	\$30/per person for registrations through April 25, 2019 \$40/per person after April 26, 2019 * There is an additional small fee to register online.
Kids 1 Mile Fun Run (ages 3-12) Registration Fee 8:15 a.m. Start Time	\$10.00 per child (includes a t-shirt with registration) *There is an additional small fee to register online Parents may accompany children at no additional charge for the Kids 1 Mile race
COTU Challenge Run both the 5K and the 10K for ultimate Bragging Rights	\$50/per person for registrations through April 25, 2019 \$60/per person for registration through April 26, 2019 *There is an additional fee to register online

REGISTRATION INFORMATION

Online registration closes **Thursday at 8:00 p.m. on April 25, 2019**

T-SHIRTS ARE NOT GUARANTEED IF YOU REGISTER AFTER APRIL 15, 2019

Name (Last) _____ **(First)** _____
 Male _____ Female _____ Date of Birth (mm/dd/year) _____ / _____ / _____ **(must have this for results)**
 Ladies ADULT TECHNICAL SHIRT SIZE: **(Circle one)**: S M L XL XXL
 Men's ADULT TECHNICAL SHIRT SIZE: **(Circle one)**: S M L XL XXL
 YOUTH TECHNICAL SHIRT SIZE: **(Circle one)**: Youth-Small Youth-Medium Youth-Large
 I am registering for the **(Circle one)**: 10K 5K 1 Mile Kid's Fun Run
 Street Address (mailing) _____
 City _____ State _____ ZIP _____
 Phone (H) _____ (C) _____ Email: _____ **(please write legibly)**

In consideration of this entry being accepted, I, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights I may have against the Hanover Arts & Activities Center, the Town of Ashland, and all sponsors or officials of the Ashland Railroad Run to be held on April 27, 2019, of any and all injuries suffered by me in said event. I attest that I am physically fit and have sufficiently trained for this event. I also acknowledge that transference of my race number invalidates my registration.

Please Circle: This is my 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41st Railroad Run!

Signature _____ * Date _____
 *(Parent or guardian must sign for any participants under the age of 18 years.)
 Total Enclosed: \$ _____

If registering by mail or in person, please print, complete & sign a separate registration form for each participant. – Sorry No Refunds.

Make checks payable to: *Hanover Arts & Activities Center*

Mail to: Hanover Arts & Activities Center PO Box 486, Ashland, VA 23005

Or drop off at: Hanover Arts & Activities Center

500 South Center St., Ashland, VA 23005

For more information: e-mail info@hanoverarts.org

Visit www.hanoverarts.org for all race details.

Race Bib PICK-UP and Race Day Registration: is at the Hanover Arts & Activities Center on Friday, April 26, 2019 from 5:00 p.m. to 7:00 p.m. OR race day morning beginning at 7:00 am.

You can also register for all races at Race Bib Pick-Up on Friday and on Race Day morning; for the 1 Mile & 5k until 7:45 a.m. and for the 10K until 8:30 a.m.